



# CARDINAL RITTER SENIOR SERVICES

*Creative Care for the Senior Adult*

## Social Services for Low-Income and In-Crisis Seniors

All services are provided **free of charge**. Please call the Social Services hotline for more information:  
**314-918-2258**

### Available Programs:

#### Community Case Management

Seniors can receive free in-home case management services from a qualified social worker. Case managers provide client support to manage depression, isolation, elder abuse, and other issues. They can also help clients complete benefits applications for assistance programs including Medicare/Medicaid, food stamps, and other assistance provided by public or nonprofit agencies. Clients must be 55 years of age or older to receive case management services. Clients are generally low-income (earning \$1,695 or less per month), but CRSS does not have an income cap for case management services.

#### Utility, Rent, Mortgage Payment Assistance

The Social Services program can provide emergency gas and electric utility payments and rent and mortgage help for qualified seniors when funds are available. Emergency assistance is based upon income.

#### Relatives Acting as Parents Program (RAPP)

Seniors raising grandchildren or other young relatives can receive support services through Relatives Acting as Parents Program (RAPP) managed by Cardinal Ritter Senior Services. Benefits include monthly support group meetings with lunch at the Five Star Senior Center; case management services; annual parties for the families and grandparents; help with holiday gifts and school supplies; and other resources including emotional support, educational services, and some financial assistance. You do not have to be a grandparent to join RAPP - any relative 50 years+ (aunt, uncle, cousin, older sibling, etc.) raising a loved one under the age of 18 can participate. Participating families can be formally fostering their grandchildren/kin children or have an informal arrangement with the biological parents.

#### Referral Services

While Cardinal Ritter Senior Services cannot help everyone who reaches out to us in need of support, we maintain a network of partner agencies and regularly provide referrals to other community organizations. Please call the hotline for more information.

**Who we serve:** The Social Services department assists seniors who live in the city of St. Louis, St. Louis County, St. Charles County, and Jefferson County. We also assist residents living at Cardinal Ritter Assisted Living Centers. Each available service has different age and income requirements and may have additional qualifications. Please contact us for more information.

**Office Hours:** The office is open from 8 am to 4:30pm Monday-Friday (except during holidays). If you or a senior you know needs support services, please call us at **314-918-2258** or email [socialserviceintake@crsstl.org](mailto:socialserviceintake@crsstl.org). All social services provided by Cardinal Ritter Senior Services are absolutely **free of charge**.



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